PRESS RELEASE

Sulforaphane *measured* alongside microgreens nutrients

SYNERGIC is a sulforaphane supplement made only from five freeze-dried microgreens. Its preparation protocol forms the sulforaphane in a glass of water before you drink it, ensuring the amount of sulforaphane actually taken.







Glucoraphanin is the precursor of sulforaphane. For sulforaphane to form, glucoraphanin has to come into contact with the enzyme myrosinase under the right conditions. So if that conversion happens in our digestive system, a declared amount of glucoraphanin, even alongside myrosinase, does not tell you how much sulforaphane forms or how much is absorbed.

SYNERGIC's routine is simple: 1 g in a glass of cold or room-temperature water, stir, wait two minutes and drink it within ten minutes. The brand declares a minimum of 10 mg of sulforaphane per serving, measured in the prepared product. That figure does not measure what the body absorbs.





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Innoagral, an independent laboratory, carries out the analyses.
Research results on sulforaphane should not be attributed to SYNERGIC.

Serving: 1 g a day, 30 servings per 30 g jar
Declared sulforaphane: at least 10 mg per serving, following the preparation protocol
Price: from €49.60 incl. VAT
Grown in: Polop, Alicante
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