PRESS RELEASE

# From a Pacific sailboat to a plant-based food *supplement* in Alicante

Lourdes Soler Pérez and Jaad Jorio spent thirteen years living on a sailboat. In the Tuamotus, where fresh vegetables were scarce, they began growing microgreens. Today they grow them in Polop (Alicante) and turn them into SYNERGIC, a sulforaphane food supplement made from whole freeze-dried microgreens.








Between 2010 and 2023, they sailed across the Atlantic and the Pacific with their children. To eat fresh vegetables, they sowed seeds bought in Tahiti on damp jute cloth and harvested them a week later. There was no business plan behind it.

In 2023 they moved back to Spain. They started in a room at home and, a few months later, set up a vertical farm in Polop. Fresh microgreens spoil quickly, so they looked into freeze-drying, a premium process that keeps the whole plant instead of simply drying it or turning it into an extract. Development took two years.





SYNERGIC is a sulforaphane supplement that comes with the nutrients and phytocompounds of microgreens.
It contains no extracts or additives.
Prepare 1 g in a glass of water, using the measuring spoon.

The brand declares a minimum of **10 mg of sulforaphane** per serving, **measured** in the prepared product.

Serving: 1 g a day, 30 servings per 30 g jar
Declared sulforaphane: at least 10 mg per serving, following the preparation protocol
Price: from €49.60 incl. VAT
Grown in: Polop, Alicante
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